



eSETT - The Ekman Subtle Expression Training Tool

CE Request Form

RNT047645

6/26/14

For office use only
Rcvd. _____
Graded _____
Cert. mld. _____

PERSONS interested in receiving credit may print this form, complete and return with a payment of \$9.99 per person CE fee. A certificate of successful completion will be emailed/faxed/mailed to you. You will receive your CE certificate within two weeks from date of receipt of your request form and test. To receive your certificate sooner than two weeks, rush processing is available for a fee of \$10. Please attach check* or include credit card information below. **International (outside the U.S.) Customers: We will only accept payments for Continuing Education Credits by use of a credit card. All other forms of payment will not be accepted.**

****Please make sure to enclose a copy of your Paul Ekman Group 'Certificate of Training' certificate showing successful completion of this training course.****

C.E. Fee: \$9.99: (Rush Process Fee: \$10) Total to be charged: _____

Credit card # _____

Exp. Date: _____ Signature: _____

V-Code* _____ (*MC/VISA/Discover: last 3-digit # on signature panel on back of card.) (*American Express: 4-digit # above account # on face of card.)

Mail to: PESI, PO Box 1000, Eau Claire, WI 54702 or fax to: PESI (800) 554-9775 (fax both sides of page)

Name (please print): _____ LAST FIRST M.I.

Address: _____ Daytime Phone: _____

City: _____ State: _____ Zip: _____

Signature: _____ Email: _____ Fax: _____

• Actual time (# of hours) taken to complete this offering: _____ hours

GENERAL COMMENTS

Please circle the number indicating your rating of each of the following items.

	Excellent			Poor	
Relevance of objectives to overall goal	5	4	3	2	1
Effectiveness of the teaching/learning methods	5	4	3	2	1
Achievement of your personal objectives for completing this course	5	4	3	2	1
Similarity of program content to its description in the catalog	5	4	3	2	1
Overall rating of package	5	4	3	2	1
How much did you learn as a result of this program? (5 being a great deal - 1 being very little)	5	4	3	2	1

OUTCOME EVALUATION

I have gained knowledge today that will enhance my skills and/or abilities. YES NO

My attendance today will contribute toward improved patient/client outcomes in the future. YES NO

PROGRAM OBJECTIVES

At the completion of this seminar, I have been able to achieve these seminar objectives:

Focus on small regions of the face; examine "mini" movements to detect subtle expressions of emotion.	Yes	No
Discriminate between "subtle expressions" and "micro expressions".	Yes	No
Develop your skill in reading subtle facial expressions of the seven universal emotions: Happiness, Surprise, Sadness, Fear, Anger, Disgust, and Contempt.	Yes	No
Investigate the nuances of subtle expressions with extensive practice and Ekman's audio tips.	Yes	No

Please describe programs or products you might be interested in: _____

PRESENTATION

Please circle your responses, rating and commenting on the presenter.

Presenter	Excellent					Poor	Please Comment
Paul Ekman							
Content	5	4	3	2	1		_____
Delivery	5	4	3	2	1		_____
Knowledge & Expertise	5	4	3	2	1		_____

Was evidence provided to substantiate materials presented? **YES** **NO**

Were personal experience and observation the primary source of information? **YES** **NO**

Did the content expert/presenter share any conflicts of interest or lack thereof during this program? **YES** **NO**

Was a commercial product promoted? **YES** **NO** If yes, did you feel that product promotion was the sole purpose of this course? **YES** **NO**

Did you perceive any commercial bias in these self-study materials? **YES** **NO**

If yes, please comment: _____

PARTICIPANT PROFILE

1. Job Title _____ Employment Setting _____

2. Who paid the cost for this set? Self _____ Employer _____

3. Do you utilize the internet? Yes _____ No _____ If so, where? Home _____ Work _____

4. What information did you hope to get from this audio/video/manual set? _____

Post Seminar Test Questions

- Subtle, or "mini" expressions are facial expressions of emotion that
 - can't be picked up by the conscious mind
 - happen in the center line of the face
 - register only in one part of the face
 - are generally only see in the forehead and chin
- An important sign of the beginning of anger is when the lips
 - are pushed out
 - drop open
 - move back
 - tighten
- A strong indicator of the beginning of anger is when the eyes
 - are narrowed
 - are widened
 - lose focus
 - look down
- A good indicator of slight contempt is when one side of the upper lip
 - opens up
 - is raised
 - is pushed out
 - is wrinkled
- One sign that disgust is beginning is when the upper lip
 - is raised slightly
 - smiles
 - goes slack
 - is sucked in
- One reliable sign of fear, seen in the center of the forehead is/
 - streaks of pink
 - curved eyebrows
 - short horizontal wrinkles
 - sagging skin
- In a slight fear expression the upper eyelids
 - move up slightly
 - droop
 - shake
 - are pulled back at the corners
- In a true enjoyment smile the eye-cover fold will
 - stretch back
 - raise on one side
 - move down slightly
 - bunch up
- One very early sign of sadness is when the lips
 - tighten and narrow
 - are pushed up and out
 - drop open
 - are pulled back at the sides
- One signal of surprise is when the jaw
 - locks
 - is thrust forward
 - falls open
 - makes an in-and-out motion